



# One Call PC Solutions



September 19, 2005

Bits and Bytes...

Issue #17

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It's time again for our newsletter! In this issue: Virus alerts, Spam News and a new product...

## **Virus and Spam Alerts...**

X97M.Millenmic is a macro virus that infects Microsoft Excel workbooks. The virus checks for the presence of the file Book.xls in the Excel startup folder. If this file does not exist, the virus deletes all files in the Excel startup folder. Exports it's macro code into the following files: C:\VM C:\VC. Creates a blank workbook and imports macro code from the above files. It then saves this workbook as Book.xls in the Excel startup folder. This causes other Excel workbooks to be infected when they are opened or saved.

## **What Are Your Kids Doing Online...**

After talking with a few parents I thought we should warn everyone about a couple of websites out there that teenagers are posting pictures and personal information on. The sites are myspace.com and xanga.com both of which are free to join and allow kids to post pictures and personal information on without their parents' approval. I know that some of the posts on the sites are for up and coming teen bands and other talents. Other stuff we saw included pictures of 13 and 14 year old girls posing in compromising positions and 20 something year old men looking at these girls. Almost every site we saw had the child's name (first and last), city and state of where they live and activities they do at school. Such as cheerleading, dance or drill team, so any person that wanted to find them could easily do so at a school sporting event or other activity that he or she may be at. Take some time and find out what your kids are doing online to help keep them safe. If you have any questions about these sites please give us a call.

## **Get Rid of This Spam...**

For a few months now we have been using Cactus Spam Filter to help alleviate some of our spam problems. Cactus Spam Filter is a spam blocker. It protects your inbox by learning to detect spam as it's being used. It easily adapts to your personal mailbox and blocks out most of the junk e-mail. This spam stopper integrates seamlessly with all e-mail clients that use POP3 such as Microsoft Outlook, Microsoft Outlook Express, Netscape, Opera, Mozilla, Mozilla Thunderbird, Eudora, Pegasus Mail, IncrediMail, Foxmail, POP Peeper, Command Line POP Client and Phoenix Mail. After just a few steps you can start training to program on which of your mail is spam and what is good. You can download this program at [www.downloads.com](http://www.downloads.com) or give us a call and we can come out and give you some help on setting it up.

## **Regular Maintenance...**

Make sure that you are keeping your version of Windows up-to-date by running Windows update on a regular basis. Microsoft discovers little bugs and releases patches to fix the problems. If your computer is not up to date you are more vulnerable to hackers and ad/spyware. Also make sure that your anti-virus stay's up to date on all of your network computers. Even if just one of your network computers is unprotected you can get a virus that can destroy valuable information. Keep your computer running smoothly by running the disk defragmenter at least once every 6 to 8 weeks.

## **New Product...**

Vonage is a new telephone service and no matter how bad there commercials are there product is really shining. We have set up Vonage for a couple of our clients and they really have liked it so far. For only \$24.95/month you get caller ID, voicemail, call waiting, call forwarding and free calls to anywhere in the US and Canada. They offer great international rates and it just plugs into your existing high speed internet connection. If you would like more information visit Vonage's website at [www.vonage.com](http://www.vonage.com)

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